

HOMEMADE PIZZA



GET THIS

- 100g chicken breast
- 1 handful of mushrooms
- 1 handful of baby spinach
- 10 olives
- 1/2 red capsicum
- 80g tinned pineapple (non-negotiable)
- 2 tbs pizza sauce
- 50g mozzarella cheese
- 1 wholemeal Lebanese Bread

DO THIS

- Preheat oven to 200C
- Spread pizza sauce evenly over Lebanese bread
- Cover with vegetables + chicken and then top with cheese
- Place on a pizza tray/baking paper for 10-12 minutes, until cheese has just started to brown
- Remove from oven, carefully cut with pizza cutter
- These also freeze incredibly well, so make a few at a time, place the uncooked extra pizzas on a dinner plate and wrap in glad wrap to store in the freezer

Want a meal plan full of meals like this, perfectly calculated to your individual requirements? Hit the button!

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